



Panther Cheer Athletics Inc.
www.panthercheerathletics.com
778-297-8437
info@panthercheerathletics.com

Updated Dec 4

PINK Cheer Championships
Saturday, December 9th, 2017

<http://www.pinnaclecheerevents.com/pink.html>

Venue Richmond Olympic Oval
6111 River Rd, Richmond, BC V7C 0A2

Parking **PLEASE NOTE:** In addition to the numerous parking lots surrounding the oval, we have secured the city overflow parking lot. There are approximately 375 spots, and there will be a shuttle going back and forth from the Lot to the Oval. You may also walk along the dike. There is NO parking at WCB or the Oval this. Please refer to this map for parking options:
http://richmondoval.ca/wp-content/uploads/2016/10/2016_7_OverflowParkingMap-1.pdf

Schedule: Saturday, December 9th, 2017

Team	Coach	Meet Time	Compete Time	Awards
Youth Cadets (Prep)	Shawna, Courtney, Gabby, Ruby	8:45 AM	10:40 AM	1:25 PM
Youth Musketeers (Lv 1)	Chelsea, Emilee	9:30 AM	11:15 AM	1:25 PM
Tiny Troopers (Lv 1)	Sheridan, Lizzie	10:00 AM	11:50 AM	1:25 PM
Jr. Gladiators (Lv 1)	Emily, Sheridan	10:15 AM	12:05 PM	1:25 PM
Mini Samurai (Lv 1)	Chelsey, Maya	10:45 AM	12:30 PM	1:25 PM
Jr. Commanders (Lv 3)	Stephanie, Chelsey	1:00 PM	2:35 PM	5:15 PM
Jr. Generals (Lv 2)	Regan, Taryn	1:30 PM	3:10 PM	5:15 PM
Sr. Immortals (Lv 4)	Taryn, Michelle	2:15 PM	3:55 PM	5:15 PM
Open Bomb Squad (4.2)	Taryn	3:00 PM	4:35 PM	5:15 PM

Notes:

- ❖ Doors open at 8:30am for the public. Any parents who are on the volunteer schedule should please go to the volunteer sign in table located just to the right of the entrance to receive your wristband. All other spectators must go through the main entrance, which is on the North Side of the building.
- ❖ Athletes may not enter the competition without their wristband, which their coach will have. If you arrive to the competition early, please text your coach to arrange a pickup of the athlete wristband. All athletes are to meet their coaches at the entrance to the athlete area at the specified time above. Parents of all Youth, Mini and Tiny athletes will need to wait until after they have signed in their athlete and the coaches have communicated any changes in the day's schedule. We understand that some parents will be volunteering during their athletes meet time, and we request that you speak with your athletes coach before the to detail your plan for your athletes supervision. **Please note:** the coaches have multiple teams and some also compete themselves. Athletes must stay with their parents until the meet time. Please contact your coach ahead of time if you need to make alternate arrangements.
- ❖ When you drop off your child at the meet time, they will stay with their coaches until after they have competed on the mat. Parents are not allowed to enter the athlete/warm up area.
- ❖ Once your athlete's team has competed, please proceed directly to pick up your child on the right side of the floor. Your coaches will confirm the time and location of your awards session when you pick up your athlete. Please make sure that your athlete is on time for awards or they may miss the ceremony. After the awards, please proceed with the team to take photos, after which they will be released back to you.

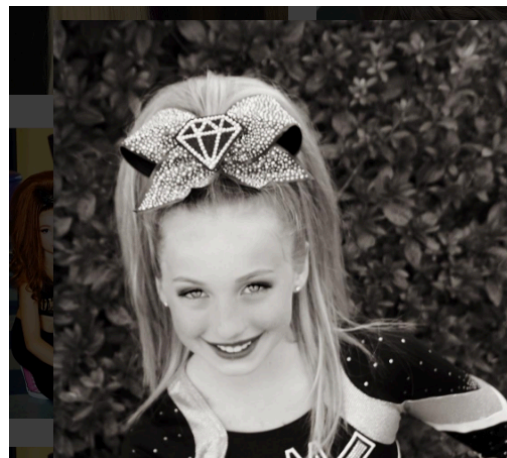


Uniform

- ❖ Competitive uniforms consist of your uniform and competition bow, WHITE ankle socks and WHITE cheer shoes.
**Anyone who has ordered a new uniform this year will be notified directly when they are ready for pick up.
- ❖ Prep uniforms consist of your PINK T-shirt, BLACK shorts, hair bow, WHITE ankle socks and WHITE shoes.
- ❖ When athletes meet their coach (see times above), **they must be competition ready**. Athletes are asked to arrive to their meet time in full uniform, with hair done and make-up applied (Junior, Senior & Open teams ONLY). If any Tiny, Mini or Youth athletes arrive with make-up, they will be asked to take it off.
- ❖ All athletes are expected to be in full uniform for awards. We request that athletes please do not make any adjustment to their hair, makeup, bow, or uniform between when they compete and their awards ceremonies.
- ❖ When wearing only the uniform top, the uniform skirt is the only appropriate bottom. If you need to wear pants, we ask that you please put on a panther T-Shirt, sweatshirt or track jacket.
- ❖ When wearing the uniform skirt, ONLY athletic shoes may be worn (no UGGs, moccasins, flip flops etc.).
- ❖ If any of our staff notices these policies not being adhered to, they will inform the athlete and ask them to make the necessary adjustments.

Hair

- ❖ Athletes are asked to arrive to their meet time with hair already done.
 - Prior to putting hair into ponytail, all hair should be straightened with a hair straightener.
 - Athletes will put all their hair into a high front ponytail and bangs should be pulled back/braided and away from the face. It is best to do 2 ponytails (see [THIS video on our Families page](#) for more info).
 - **Hair should be secured with a separate hair tie from the one attached to the bow.
 - Once the straightened hair is up in the high ponytail, the bow should be placed so that the ears face forwards when viewed from the front. Place the elastic of the bow between the ponytail elastics & the head; this ensures that the bow will not fall out.
 - After the bow is in place, the base of the ponytail must be teased/backcombed for volume.
 - ****Exception: the Youth Cadets Prep Team will wear their ponytail straight; they should NOT tease/backcomb it.**
 - Once the ponytail has been teased, ensure to smooth out the top layer of hair for a polished look.
- ❖ Hair must be completed before you can appear in your uniform. Here are some examples of what finished hair should look like:

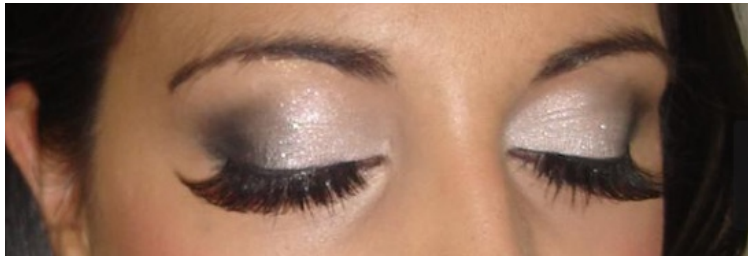




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Make-up

- ❖ Only athletes on Junior, Senior & Open teams may wear make up. If any Tiny, Mini and Youth athletes show up with make-up, they will be asked to take it off.
 - Make up includes: smokey eye (black and a shimmery white/light silver), mascara (black), blush (lightly applied), lipstick ([NYX Lip Lustre Glossy Lip Tint](#) in colour Antique Romance). False eyelashes are optional and should look “natural”.
 - The lipstick is for sale in the office - please email us (info@panthercheerathletics.com) if you need to purchase one. The cost is \$11.00 including taxes/shipping.
- ❖ Here is an example of what your finished makeup should look like:



Behaviour

- ❖ Panther athletes and families are known throughout the BC cheer community for always being polite, kind, and respectful toward the event producers, staff, athletes, coaches and parents from other clubs. We ask that you please join us in “The Panther Way”, which is supportive of each and every cheerleader who has chosen to compete in our sport.
- ❖ **Remember you never know who can hear or see you; please refrain from any form of negativity (comments, gestures, etc), especially about any of the athletes. Think how you would feel if someone else was speaking ill about you, your athlete or your program.**

Emergency contacts (to be used only on the day of the event) if you cannot reach your coach:

Taryn (All Star Director): 778-839-3818

*** Text messages tend to work better than phone calls due to the level of noise at these events***